

**REPORT ON CELEBRATING 2<sup>ND</sup> INTERNATIONAL DAY OF YOGA ON 21<sup>ST</sup>  
JUNE, 2016 BY REHABILITATION COUNCIL OF INDIA, NEW DELHI**

As per instructions issued by the Ministry of AYUSH, Govt. of India, New Delhi vide D.O. letter No.S-11012/34/2016-IEC dated 19<sup>th</sup> April, 2016 communicated to Rehabilitation Council of India vide DEPwD, Ministry of Social Justice & Empowerment, Govt. of India New Delhi O.M. No. 42018/12/2016-Estt. Dated 3<sup>rd</sup> May, 2016 to celebrate 2<sup>nd</sup> International Day of Yoga, following activities were undertaken:

1. Morarji Desai National Institute of Yoga, New Delhi was requested vide letter dated 20.05.2016 for training of Master Trainers in Yoga to celebrate International Day of Yoga.
2. In response, Director, Morarji Desai National Institute of Yoga, New Delhi deputed following two Yoga Instructors to RCI to conduct Yoga Sessions vide letter No.61/38/2015-16/YE/MDNIY/Trg../381 dated 09.06.2016.
  - (a) Shri Tarosh Rao, Yoga Instructor
  - (b) Shri Jyoti Kumar Sing, Yoga Instructor
3. Since there was not enough space available in RCI to conduct Yoga, Indian Institute of Foreign Trade (adjoining building) to provide lawn of their Institute to organize Yoga sessions on 20.06.2016 and 21.06.2016 and IIFT agreed to our request.
4. A circular was issued by the Council on 16<sup>th</sup> June, 2016 and 20<sup>th</sup> June, 2016 requesting all the employees of the Council (both regular as well as contract) to actively participated in the Yoga sessions being organized to celebrate 2<sup>nd</sup> International Day of Yoga.
5. Practice (rehearsal) session was conducted by the Yoga Instructors deputed by Morarji Desai Institute of Yoga on 20<sup>th</sup> June, 2016 between 08,00 A.M. and 10.00 A.M. in the Lawns of IIFT in which employees of the Council participated.
6. Yoga Performance was conducted by the Yoga Instructors Yoga on 21<sup>st</sup> June, 2016 between 08,00 A.M. and 10.00 A.M. in the Lawns of IIFT in which more than 50 employees of the Council enthusiastically participated. Backdrop and signages for the function were provided at the Venue.
7. All the employees were provided T-shirts with Yoga International Day logo and Yoga Mat for performing Yoga. As the employees were called to office early in the morning with empty stomach, they were also served light refreshment on both the days.
8. A few photographs of the celebration of 2<sup>nd</sup> International Yoga Day on 21<sup>st</sup> June, 2016 are enclosed for kind perusal.